

How to wash your hands.

Wash hands with soap every hour if possible,
otherwise use 60% + alcohol-based handrub.



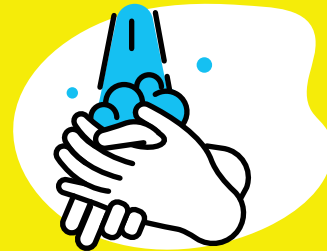
Wet hands with water.



Apply enough soap to cover all hand surfaces.



Rub hands palm to palm
with fingers interlaced for 20 seconds.



Rinse hands with water.



Dry hands thoroughly with a
single use tissue or dryer.



Use tissue to turn off
faucet and dispose.



Always wear
a mask



Wash hands
every hour



Do not touch
your face



Practice physical
distancing