



Some golden rules you should keep in mind.




6ft

Keep a distance of at least 6ft.



Let's get back to our roots.
Say Namasté.



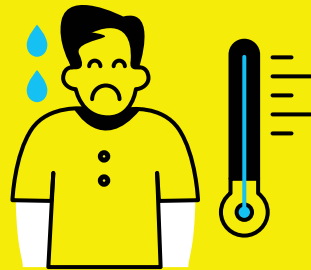
Wash your hands with soap every hour for at least 20 seconds.



Wash or sanitize your hands before or after any activity.



Wear a mask.
Be our superhero.



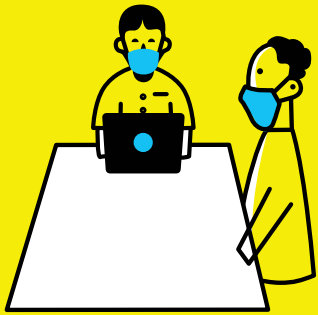
Stay home if you are sick.
Do not try and come to work.



When you sneeze or cough, cover your mouth with a single-use tissue or your arm.



Clean and disinfect frequently touched objects.



Minimize and shorten face-to-face meetings.



Always wear a mask



Wash hands every hour



Do not touch your face



Practice physical distancing